

Strength of the Program

As a participant in the program:

- ◆ You will have access to a trained midwife
- ◆ Your midwife can meet in a place suitable to you both. This may be in your home or at an agreed place
- ◆ You will work out with your midwife a plan of action and “get together” times
- ◆ You can choose your own General Practitioner or care providers
- ◆ You will be linked through your facilitator into existing health services and community networks



“Your Pathway to Better Health”



Nana Bill's Mum's & Bub's Program has been named in loving memory of Auntie Lorraine Harvey, a much loved and respected member of our community and long-serving member of the NCACCH Board.



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Nana Bill's Mum's & Bub's Program

PROMOTING HEALTHY
OUTCOMES AND HEALTHY
LIFESTYLE CHOICES FOR
ABORIGINAL & TORRES
STRAIT ISLANDER WOMEN
AND THEIR BABIES



This program aims to assist Indigenous mothers to utilise preventative health care including comprehensive pre-natal care from health service providers.

Nanna Bill's Mum's & Bub's Program

NCACCH Principles for the program:

- ◆ Respect for the clients and their individual needs
- ◆ Confidentiality in all aspects of client care, choices and decisions
- ◆ Choice of service providers

Nanna Bill's Mum's & Bub's Program will:

- ◆ Provide mothers with access to registered Midwives. The Midwives can meet with clients on a regular basis in a suitable place eg home
- ◆ Assist with information, networking and access to other service providers
- ◆ Provide support and advocacy during pregnancy and up until baby is one year old
- ◆ Cover the costs so there will be no charge to you



Build Confidence & Healthcare Knowledge

This program will focus on:

1. Preparing for birth
2. Building healthy lifestyles
3. Making informed choices regarding your health and the health of your baby
4. Nutritional information
5. Support for new mothers/fathers
6. Access to other health service Providers
7. Midwife support for ante-natal and post-natal care until your baby is one year old



"Your Pathway to Better Health"



You must be eligible for a
NCACCH Health Access Card
to participate in

Nanna Bill's Mum's & Bub's Program

For further information or
to check your eligibility,
please call us on:

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