



Chronic Disease Management Program (CDMP)

GP FACT SHEET

Aboriginal and/or Torres Strait Islander health programs available for your patients.

Aboriginal and/or Torres Strait Islander patients diagnosed with chronic condition/s in your practice can receive support to better self manage their chronic health issues through the **Integrated Team Care (ITC) program**.

Living with chronic condition/s can be difficult – arranging and getting to appointments, taking medication, and better understanding the condition is often overwhelming for the patient.

The ITC program provides the patient with a dedicated Health Advocate (RN) to work closely with them, their GP, the practice nurse, allied health practitioners and any other community health services they need to access.

The Health Advocate can also negotiate fees and charges (on behalf of the client) for specialist and allied health appointments where affordability prevents access to the service.

What can the Health Advocate do?

- arrange visits to the health services identified in the GP Management Plan or Team Care Arrangement
- organise patient transport for appointments (limited, see supplementary services below)
- assist the patient to participate in regular reviews with their primary care providers
- support the patient's adherence to treatment regimes (eg. medication compliance)
- support and encourage the patient and their family to improve their self-management skills to live with their chronic condition/s
- link the patient and family with appropriate community based services providing support for daily living
- negotiate specialist and allied health fees on behalf of the client where affordability prevents access to service (see supplementary services below)

Who is eligible?

This program is open to Aboriginal and Torres Strait Islander people who:

- live in the Sunshine Coast and Cooloola Regions
- Diagnosed with chronic condition/s, targeting;
 - Diabetes
 - Cancer
 - Chronic respiratory disease
 - Chronic cardiovascular disease
 - Chronic renal disease
 - Severe sleep apnoea
- have a current GPMP (721) and/or TCA (723 or 732 review) and 715 Health Assessment in a PIP Indigenous Health Incentive enrolled practice

- are at risk of hospital admission due to their ill health
- frequent hospital admissions due to their chronic health issues
- have trouble accessing and using the right services for their care
- have trouble managing multiple services and appointments

What is supplementary services funding?

The ITC program also has supplementary services funding to assist where affordability prevents patients accessing medical specialists, allied health services or necessary medical equipment. Funds may be used to:

- assist with transport costs to appointments (**limited**, where there is no local transport available)
- provide extra cover to allied health provider fees (**where MBS rebates are not available**) or the EPC and 715 Allied health referrals have been utilised for that financial year
- cover the difference between MBS rebates and private specialist or allied health provider fees
- purchase medical aids – please contact the Health Advocate for further information

Supplementary services funds **CANNOT** be used to purchase services:

- to cover all follow-up care required by patients
- when other publicly funded services are available in a clinically acceptable timeframe
- dental services

Supplementary service funds **CAN** be used to purchase services that:

- address waiting periods longer than is clinically appropriate
- reduce the likelihood of a hospital admission
- assist in reducing patients' length of stay in a hospital
- are not available through other funding sources

How are supplementary services funds accessed?

Supplementary Services funds are limited and priority is given to the most urgent need.

How to refer to ITC Program?

Simply complete the CDMP GP referral form. A word/pdf version is available on the NCACCH website (<https://www.ncacch.org.au/wp-content/uploads/2012/07/CDMP-GP-Referral-form-Oct-2017.pdf>) and can be faxed to 5335 1712 or emailed to adminsupport@ncacch.org.au.

****The patient's GPMP, TCA and Full Adult /Child Health Assessment must be attached to the referral.**

NCACCH Contact Details

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