

How To JOIN THE PROGRAM?

Visit your Doctor, who will:

- do a referral form to NCACCH Chronic Disease Management Program
- do a Care Plan
- have you complete a Health Check (715)
- send the information to NCACCH Chronic Disease Management Team

Once all this information is received by NCACCH, you will be contacted to join the NCACCH Chronic Disease Management Program and assigned a NCACCH Health Advocate (Clinical Nurse).

For further information please contact the NCACCH CDMP Clinical Support Officer on 5346 9800.

Please note:

You must identify as Aboriginal and/or Torres Strait Islander to be eligible for this program.



North Coast Aboriginal Corporation
for Community Health

ihca

supporting excellence

CERTIFICATION

ISO 9001:2015
QUALITY CERTIFIED
ORGANISATION

CHRONIC DISEASE MANAGEMENT PROGRAM (CDMP)

BIRTINYA OFFICE

8/8 Innovation Parkway
BIRTINYA, QLD 4575

P: (07) 5346 9800 | F: (07) 5346 9899

E: admin@ncacch.org.au

W: www.ncacch.org.au

GYMPIE OUTREACH OFFICE

Shop 3/56 River Road
Gympie, QLD 4570
P: (07) 5483 6511

Chronic Disease Management Team

F: (07) 5335 1272

E: adminsUPPORT@ncacch.org.au



This program offers support and specialist treatment for clients who live with chronic conditions including diabetes, cardiovascular, respiratory, cancer, renal and severe sleep apnoea.

"Your Pathway to Better Health"

HOW THE PROGRAM CAN HELP YOU:

The NCACCH Chronic Disease Management Program provides our Aboriginal and/or Torres Strait Islander community members with support, and strategies to self manage chronic health conditions.

This program will provide you with a Health Advocate (Clinical Nurse) who will work closely with you, your Doctor and other community services to help you access the range of services you may need.

Your Health Advocate (Clinical Nurse) can:

- help to arrange your appointments
- help you get to and from appointments
- help to arrange the services you need for your care
- help to understand and follow your Care Plan

Sometimes it is difficult getting in to see a medical specialist or an allied health professional because the waiting list is long. Through this program, your Health Advocate will be able to help you see these health care providers when you need them.

AM I ELIGIBLE?

- ✓ I am Aboriginal and/or Torres Strait Islander
- ✓ I have a current NCACCH Health Access Card
- ✓ I have one or more of the following chronic conditions - diabetes, heart, respiratory, kidney disease, severe sleep apnoea or cancer (other chronic conditions may be considered)
- ✓ I have a current Care Plan
- ✓ I have had a Health Check (715) in the last 12 months

For more information please contact NCACCH CDMP Clinical Support Officer on 5346 9800

This program is supported by funding from the Central Queensland, Wide Bay, Sunshine Coast PHN

and the



Queensland Government

I have one or more of the following chronic conditions:

A chronic condition is a medical condition that you have had, or likely to have for six months or longer.

If you are unsure whether you have a chronic condition, please ask your Doctor.

Our program covers:

- **Diabetes**
Type 1, Type 2
- **Cardiovascular (Heart)**
Heart Attack, Coronary Heart Disease, Stroke, Hypertension
- **Respiratory (Breathing difficulties)**
Asthma, Emphysema, Severe Sleep Apnoea
- **Renal (Kidney)**
Kidney Disease, Kidney Failure
- **Cancer**
- ★ Other chronic conditions may be considered

For more information please contact NCACCH CDMP Clinical Support Officer on 5346 9800