

How To JOIN THE PROGRAM?

- contact NCACCH to discuss eligibility
- visit your Doctor and have a Health Check
- complete a NCACCH referral to NCACCH Nanna Bill's Mum's & Bub's Program
- meet with our Midwife to register you into the program

For more information please contact the NCACCH Nanna Bill's Mum's & Bub's Program on 5346 9800

Please note:

You must be pregnant with or have just had an Aboriginal and/or Torres Strait Islander baby to be eligible for this program.



NCACCH



North Coast Aboriginal Corporation
for Community Health

This program is funded by



Australian Government
Department of Health

ihca

supporting excellence

CERTIFICATION

ISO 9001:2015
QUALITY CERTIFIED
ORGANISATION

BIRTINYA OFFICE

8/8 Innovation Parkway
BIRTINYA, QLD 4575

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E: admin@ncacch.org.au

W: www.ncacch.org.au

GYMPIE OUTREACH OFFICE

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Gympie, QLD 4570

P: (07) 5483 6511



NANNA BILL'S MUM'S & BUB'S PROGRAM

This program aims to
promote healthy outcomes
and lifestyle choices for women
and their Aboriginal and/or
Torres Strait Islander babies.

"Your Pathway to Better Health"

HOW THE PROGRAM CAN HELP YOU:

The NCACCH Mum's & Bub's Program provides women and their families with confidential and culturally appropriate support.

This program will provide you with a Midwife who will work closely with you, your Doctor and other community services, to help you access the range of services you may need.

Your Midwife can:

- Provide one on one support
- Meet at a suitable place of your choice eg antenatal clinic, park, cafe etc
- Support you during pregnancy, until baby is one year old
- Connect you with other programs eg playgroup, Jabba Jabba, NCACCH Tackling Indigenous Smoking, BUMPS Program etc
- Support the health and wellbeing of you and your family

For more information, or to check eligibility, please contact the NCACCH Nanna Bill's Mum's & Bub's Program on 5346 9800

AM I ELIGIBLE?

- ✓ I am pregnant with, or have just had an Aboriginal and/or Torres Strait Islander baby
- ✓ I am eligible for a NCACCH Health Access Card
- ✓ I have had a Health Check in the last 12 months

While this program focuses on the mum during pregnancy... dads and extended family are invited to be involved in the program



Nanna Bill's Mum's & Bub's Program has been named in loving memory of Aunty Lorraine Harvey, a much loved and respected member of our community and long-serving member of the NCACCH Board.

ADDITIONAL BENEFITS:

- You will receive a NCACCH Baby Bounty Bundle (basic items you may need when baby arrives)
- You will receive a NCACCH Promotional Towel once your bub has had all immunisations up to the age of 12mths
- Opportunity to attend a NCACCH First Aid Awareness Program

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